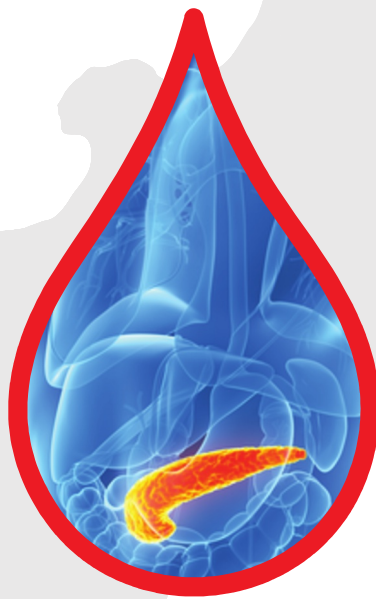


# Dia **BEAT** It!

LIVING WELL WITH DIABETES



**DEAP**  
DIABETES EDUCATION  
ACCREDITATION PROGRAM

**AADE** American Association  
of Diabetes Educators

***JOIN TODAY & LEARN THE MOST  
EFFECTIVE WAY TO SET YOURSELF FREE FROM DIABETES.***

You will benefit most by joining ShapeUp program in conjunction with the DiaBeatIt program.



**Register by Jul 3, 2024**

**July 18 to August 15, 2024**

**Program meets every Thursday at 5pm for 5 weeks**